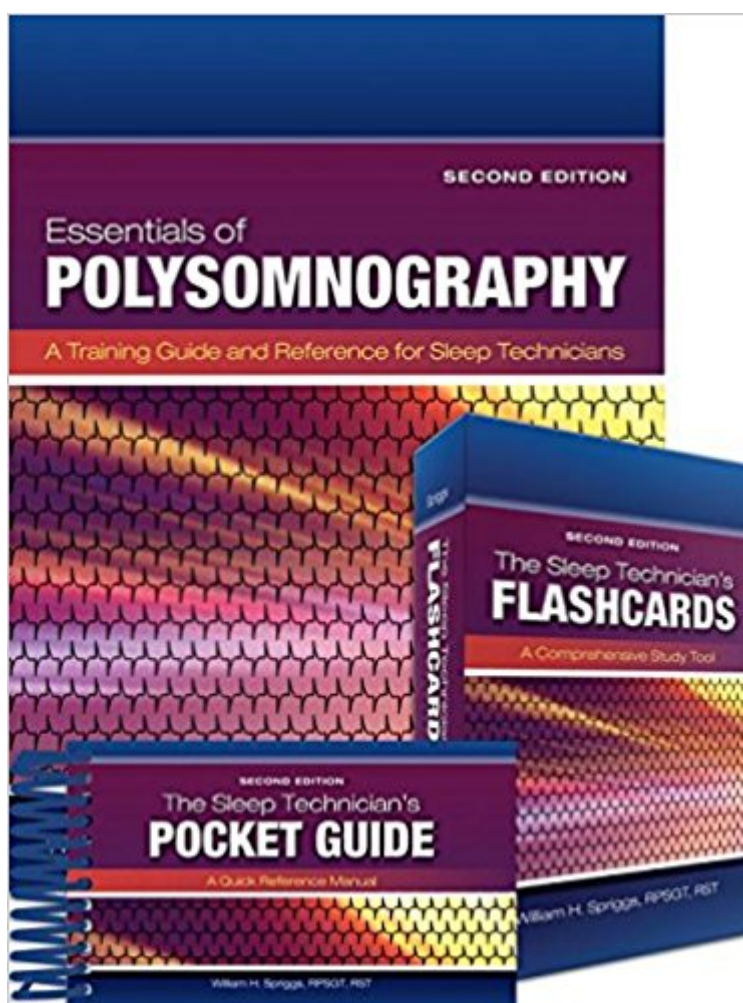


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# Essentials Of Polysomnography Value Bundle: Textbook, Pocket Guide & Flashcards



## Synopsis

This bundle includes the text *Essentials of Polysomnography, Second Edition* as well as the *Sleep Technician's Pocket Guide* and *The Sleep Technician's Flashcards*. The textbook *Essentials of Polysomnography, Second Edition* is a 386-page, full color text designed specifically for sleep technicians and professionals. The new compact design and layout includes the same amount of content from the First Edition, with updated content and images. This textbook is written by William H. Spriggs, a certified sleep technician, and is used in hospitals, sleep labs, physician offices, and colleges and universities around the world. The Second Edition is ideal for training new sleep technicians, and students interested in studying polysomnography, as well as physicians, sleep lab managers, DME reps, and sleep lab front office staff members. The Second Edition is also a great reference and study tool to help prepare for the RPSGT and CPSGT certification exams. The new edition's content and questions reflect the new ICSD-3 classifications, AASM Rules and address the BRPT new exam blueprints as well as the revised AASM Manual for the Scoring of Sleep and Associated Events released in July 2013, content includes: An overview of normal sleep and the history of sleep disorders Patient education and the patient flow process Life as a Sleep Technician Patient Hookup Procedures Polysomnography overview and interpretation Pediatric sleep medicine Hundreds of sample epochs depicting sleep stages, artifacts, and events New chapters/topics in the Second Edition include: Medical and Neurological effects on sleep Effects of Medicine on Sleep Additional coverage and review questions on Data Storage and Archiving More in-depth coverage of Pediatrics, including pediatric scoring information Updated, as well as more, coverage on ECG All content is updated to reflect the ICSD-3, AASM, and BRPT changes

The *Pocket Guide* The *Sleep Technician's Pocket Guide, Second Edition* contains all the information sleep technicians need at their fingertips while in the sleep lab—patient hookup, artifacts/troubleshooting, scoring, EKG rhythms, procedures and protocol, drugs and medications, and other basic information for quick reference. Each section is color-coded for fast reference. This handy pocket-sized reference guide, created specifically for Sleep Technicians, offers just the right amount of information to help guide actions in the lab. The *Pocket Guide* is also a great reference and study tool to help prepare for the RPSGT and CPSGT certification exams. Pages are waterproof and stain-proof! All content is updated to reflect the ICSD-3, AASM, and BRPT changes.

The *Flashcards* The *Sleep Technician's Flashcards, Second Edition* are designed to test and reinforce students' knowledge base to prepare for the CPSGT and RPSGT board exams. This convenient study aid allows students to quiz themselves throughout their busy day. With 275 cards, these flashcards will help students maximize their comprehension of polysomnography and prepare

them for their Certified Polysomnographic Technologist (CPSGT) and Registered Polysomnographic Technologist (RPSGT) Examinations. All content is updated to reflect the ICSD-3, AASM, and BRPT changes.

## Book Information

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